

# 2025 Tours



**Early Bird Discount!**

Sign up before January 1, 2025  
before prices increase.





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**Did you know that Adventure Cycling is a member-supported nonprofit?**

From our extensive route-building across the U.S. and Canada to our workshops, resources, and advocacy, we work tirelessly to create safe and accessible bicycle travel experiences for all. None of our impact work would be possible without the support of our members and donors.

Participating in an Adventure Cycling Tour also supports our work to make cycling better across the U.S. Join us as a member and tour participant today!

Bonus to supporting our work as a member: Perks! Including partner discounts with top gear, nutrition, and hotel brands, a subscription to our award-winning magazine\*, and member-only access to resources, sales, and news.

\*At certain levels

# Adventure Cycling Guided Tours

There's nothing quite like seeing the world at the pace of a pedal stroke. It's not so fast that you miss the quintessential small-town cafe or striking scenic vista, nor so slow that you're in one spot for too long. Our Guided Tours let you experience everything special about bicycle travel at your own pace.

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POLICY

**Bicycle trips are our bread and butter.** For nearly 50 years, Adventure Cycling has crafted meaningful bicycle travel experiences for riders of all ages and abilities across North America. We're also a nonprofit, so helping people ride transformative trips is the only thing we do. And because we're focused on championing bicycle travel instead of shareholders, you'll find our Tours are different than those offered by your typical tour provider.

**Our tours create community.** By focusing on small group sizes, shared meal prep, and collaborative problem solving, you're bound to make fast friends for life. Our philosophy is that we're building this experience together, so we all ride, eat, and discover together.

**Our tours allow for individual expression.** The way you ride and interact with the world is up to you. We're not here to tell you how to experience it; we're here to open the doors and accompany you through your journey at your own pace. While the dinner table is where the bonds of the group are solidified, our group cooking model is a great way to share your individuality — your tastes, your culture — and make connections.

**Our tours place you in nature.** North America is vast and varied. We design each tour so that it explores the landscape of this incredible continent. Unless you're on one of our inn-to-inn trips, expect to stay in a campground most nights. Camping allows you to roam and increases your connection to nature. A few nights under the stars might just be what the doctor ordered.

When you travel with Adventure Cycling, you're not just signing up for a journey unlike any other, you're also supporting our nonprofit programs to craft bicycle routes, workshops, resources, and experiences for all.

Adventure  
Cycling  
Tours Team



REED



CORBETT



JOSH



JILLIAN



MICHAEL



BRYCE



# Your Experience, Your Way

To make your adventure even more memorable, you can choose how much assistance you want or need. From camping-based, self-contained trips where you'll carry everything you'll use to fully supported events that have luggage vans and catered meals to tours where you'll stay exclusively indoors, we have the support you're looking for.

Our tours highlight some of the best landscapes in the U.S. and Canada in a way that can only be experienced by bike. You'll take in some of North America's most spectacular scenery, including New England's quaint towns and quiet farm roads, the Rocky Mountain's remote gravel, the Southwest's painted deserts, and the Pacific Coast's ancient ecosystems.



## EPIC The Trip of a Lifetime

This year, you're going for it — the big, cross-country bike journey. Make the commitment. When all's said and done, you'll have nothing to regret and a lifetime's worth of stories. We're talking about a month to three months of self-contained or van-supported adventure. Since 1976, we've made people's dreams a reality. A small team with qualified leaders, shared gear, and one goal can make dreams come true.



## FULLY SUPPORTED Eat. Sleep. Ride!

Do you prefer to ride gear-free so you have more energy for exploring? Then Adventure Cycling's fully supported tours might be the right option for you! Our fully supported trips are event-style rides with 20–60 riders featuring luggage support and three catered meals per day prepared by our famous catering crews. We also provide a mechanic for your peace of mind. All you have to do is ride your bicycle and pitch your tent. (We even offer indoor options if camping isn't your thing!)



## SELF CONTAINED Our Classic Tours

These "do-it-on-your-own-terms" tours feature small groups of up to 14 riders. Participants carry their own gear without vehicle support, share cooking duties, and camp for the vast majority of overnights, with roughly one indoor night per 10 riding days. Cycling alone or in small clusters allows for intimate interactions with nature and the small communities we visit.





**NEW TO 2025**

- Expanded number of off-road tours
- Brought back rider favorites
- Re-imagined itineraries of popular tours
- A new EPIC along the Atlantic Coast

If you have questions, Adventure Cycling staff will be glad to discuss your options and help your dream cycling tour become reality.



### **VAN SUPPORTED** Touring with Gear Support

You want fun, good food, lightweight riding, and other like-minded people to share the road? Then consider one of our popular van-supported tours. These tours offer all the thrills of a self-contained tour: a group up to 13 riders, camping, and shared group cooking. You'll leave camp only with what you need for the day, free to explore the route, arriving at camp to meet your gear and spend the night under the stars. Two experienced leaders and a group of new friends will make your tour one to remember.



### **INN TO INN** Indoor Lodging and Dining

Itching to experience a self-contained adventure, but your busy schedule gets in the way? Like the idea of carrying your own gear, but prefer to stay indoors and explore local food? Our inn-to-inn tours are for you! Our inn-to-inn tours feature a small group of riders. Each night, you'll rest in a bed and enjoy dinner and breakfast at local restaurants. Carrying just your clothes and personal items, you'll enjoy exploring each day and reminiscing about the day's adventures each evening.



### **EDUCATIONAL** Learn and Ride

We're taking a year to revamp our educational tours. Stay tuned for new, more accessible learning opportunities to experience the joy of bicycle travel in a supportive environment in 2026 by following us on social or subscribing to our newsletter.



### **LONG WEEKEND** Bite Sized Adventure

An adventure of a lifetime doesn't have to last for weeks. Sometimes getting away for a few days will satisfy your need for exploration or rejuvenate you. If you're new to bicycle travel, a long-weekend getaway can help you test the waters and fine-tune your travel style. No matter what you're looking for, our four-day adventures will take you there.

GREGORY JONES

# Difficulty Levels

When deciding on your tour, it's important to keep in mind that our difficulty ratings are relative to the trips that we offer. When choosing a tour, you should assess the tour's difficulty rating and compare that to your experience, abilities, and the amount of challenge you want in your tour.

On our trips, every participant rides at their own pace, so you'll generally have all day to complete the distance. Slower riders (or those planning on lots of photo ops!) can plan to leave earlier in the morning while those opting to zip through the miles may linger over coffee. Typically, folks who ride at a similar pace end up as riding buddies, sharing each day's journey. Although our van supported tours are accompanied by vehicles that are available for your use should you find the going too tough, you should come prepared to complete each day's ride.

Many of our tours take place on roads with vehicle traffic and can vary from quiet country roads to busy cities to fast-moving traffic. Roads may see wide 6-foot shoulders or no shoulder at all. While we design our tours with road and traffic types in mind, you'll likely see a variety of conditions on your tour. If you have questions or concerns about traffic or road types on a particular tour, please reach out to our team for more information.

LEVEL	MILES (average per day)	TERRAIN	ELEVATION GAIN (average feet per day)
1	35	<b>gentle</b> with occasional rolling hills	less than <b>1,500</b>
2	35 to 45	<b>rolling hills</b> with occasional hilly sections	<b>1,000–2,000</b> with a single day's total not exceeding 3,000
3	35 to 60	<b>hilly</b> with some days very hilly	<b>1,500–3,000</b> with a single day's total not exceeding 4,000
4	45 to 60	<b>very hilly</b> with some mountainous days	<b>2,500–4,500</b> with days possibly exceeding 4,500
5	50 to 75	<b>mountainous</b> with days that vary on epic tours	<b>2,000–5,000</b> with days possibly exceeding 5,000

CHRISTOPHER MCKINNON





## Terrain

### Gentle

Gentle terrain means mostly flat roads and trails and is considered a relaxed type of ride. These tours typically have around 1,000 feet of elevation gain per day or less, and the grade is typically 1–4%. (0–19 vertical feet/mile.)

### Rolling Hills

Tours with rolling hills are those that have a bit more climbing, but the grades are still fairly relaxed. We'll typically see climbing of less than 1,800 feet per day and venture into the 2–5% average for grade. (19–38 vertical feet/mile.)

### Hilly

Hilly tours have a consistent up-and-down nature to them. A typical day will have you climbing (and descending) between 1,500 and 2,500 feet. Grades on these tours can vary but will typically be between 2% and 6%. (38–63 vertical feet/mile.)

### Very Hilly

Expect to climb and descend regularly each day. Daily climbing will average between 2,500 and 3,500 feet, and we'll move into typical grades of 3% to 6%, with occasional climbs reaching over 8% (these are typically short lived). (50–75 vertical feet/mile.)

### Mountainous

These tours average more than 3,500 feet of climbing each day and have spectacular descents to make it all worthwhile. Some tours may also be listed as mountainous if they regularly have steep grades over 8%. (75+ vertical feet/mile.)

### Varies

This label applies to tours with a variety of terrain. It is typically used for our Epic Tours, which cross so much distance that one terrain rating would be too generic.





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In addition to your bike, you'll need a variety of equipment for your tour. From camping gear and cycling clothes to panniers or bikepacking bags, having the right gear will make the tour even more enjoyable. Packing lists are available in our Before You Go booklets, which can be found on our FAQs page under Level of Service.

You can find many things you need on our Cyclosource store — visit [adventurecycling.org/store](https://adventurecycling.org/store)



# Bikes and Gear

We strongly believe in riding the bike that you have. From touring to racing bikes, recumbents to mountain bikes, and even tandems, trikes, and triples, almost every type of bicycle has been used on our tours. While some of our tours restrict the type of bike you can bring based on the terrain or logistics, we encourage you to ride the bike you're comfortable with. And be sure to come prepared with the extra tubes and tools you'll need for those minor on-the-road repairs.

For safety and comfort, we strongly recommend higher-volume tires for paved road trips — at least 700c x 32mm. For our off-road and mixed-surface tours, we suggest a mountain, hybrid, or gravel bike and a slightly more aggressive tire tread — 2.0in. wide or more. On technical terrain, a mountain bike equipped to handle rough singletrack is necessary.

If you have questions about the suitability of your bike, visit the tour-specific page on our website or reach out to us for more information. If bringing your own bike isn't possible, ask us if renting a bike through a local bike shop is an option.

## PAVED

For safety and comfort, we strongly recommend higher-volume tires, at least 700c x 28–32mm for paved-road trips.

## OFF-ROAD

We strongly suggest a mountain, hybrid, or gravel bike with tires with a slightly more aggressive tread — 2.0 in. or more. On technical terrain, a mountain bike equipped to handle rough singletrack is necessary.

ROBERT STAPLETON



## Considering an eBike?

Class 1 eBikes (pedal assisted to a max of 20 mph and do not have a throttle) are allowed on most of our fully supported and inn-to-inn tours. Class 2 or Class 3 eBikes are not allowed on any of our tours. We don't allow any type of eBike on our van-supported, educational, or self-contained tours due to the lack of overnight charging stations, mechanical assistance, and/or SAG vehicles on the road. Tours that allow eBikes are marked with the "eBike friendly" icon. If you use an eBike as a form of ADA mobility, reach out and we'll do our best to help you onto any tour we offer: [Tours@adventurecycling.org](mailto:Tours@adventurecycling.org)



# Tour Leaders

Our Tour Leaders come from a wide variety of backgrounds, from teachers to business owners to medical professionals. What they all have in common is the passion for bicycle travel, the desire to share their knowledge, and the commitment to help others experience all the adventure and fun of a safe and well-organized tour. Here are some things past participants have said about our leaders, and you can visit our website at [adventurecycling.org/guided-tours/tour-leaders](http://adventurecycling.org/guided-tours/tour-leaders) to read more about them.

*"Arlen and Joe both went over and beyond my expectations. Each had many strong leadership skills which seem to compliment each other. Both made me feel secure and positive about forging ahead on our difficult journey. It was a pleasant feeling to know that all the fine details were taken care of in advance. Arlen's knowledge of the terrain and Joe's insights about life made for a spectacular trip."*







*"Rick and Sue, or the dynamic duo as I like to call them, make a terrific team. The organization is well served having these two. Both workhorses, Rick the steady, calm guide, Sue the bubbly enthusiast. Adventure Cycling is well served having these two, especially when they work together."*



*"Everyone on this trip deserves accolades- from Greg (this is my 5th trip with him), Beth Ann, Sue, Brian and Todd- all were thoughtful and helpful and more than accommodating. This was a great crew of people!"*





## Southern Tier - Spring



Van Supported | February 15 - April 14 | St. Augustine, FL - San Diego, CA

Prepare for a southern-style, cross-country ride on our shortest, most accessible transcontinental trip. To make this tour even better, we'll enjoy the relative luxury of having the Adventure Cycling van tote our gear to and from each overnight location as we pedal from the West Coast across deserts, over mountains, through rolling hills, beyond bayous, and along the Gulf Coast, all the way to the East Coast. You'll also enjoy starting this epic tour in one of America's best beach cities, San Diego, and ending it in St. Augustine, America's oldest continuously occupied European settlement.

We'll pass by many notable cities along this route, each with a unique set of diversions, including Phoenix, Austin, and New Orleans. In between there are many other great sights, sounds, cuisines, and cultures to experience.

- 59 Days
- Shared Cooking
- Difficulty: Level 5
- Camping/Indoor
- Paved Surface
- Price: \$9,499



STEVEN ORIE

## Natchez Trace - Spring



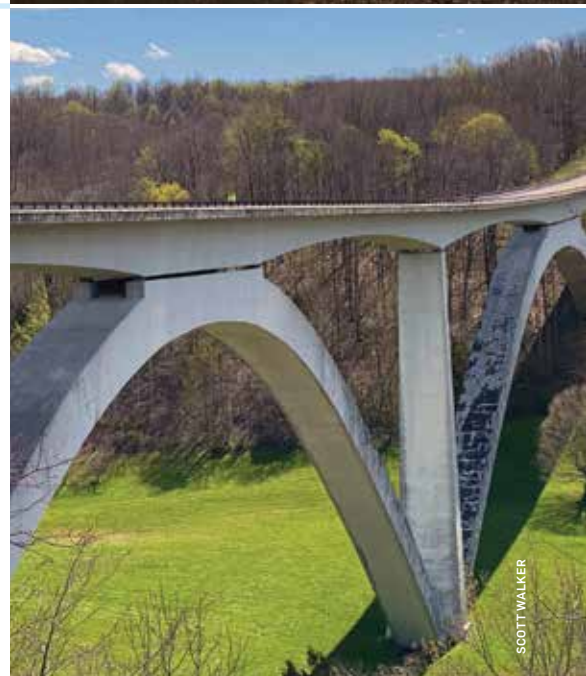
Van Supported | March 29 - April 5; April 7 - 14 | Jackson, MS - Nashville, TN

The Natchez Trace Parkway is one of the North American continent's crown-jewel byways. We're going to pedal every inch of this nearly continuous greenway linking the southern Appalachian foothills and the bluffs of the lower Mississippi River.

As we spin along the ribbon of road — the accompanying van hauling most of our gear — we'll traverse forested ridges, coast along broad valleys, and slip through isolated hollows. We'll ride in the tracks of pioneer mail couriers, bison, prehistoric peoples, Ohio River Valley boatmen, soldiers, and outlaws on the run. We'll even pass through several Civil War sites, including the town that Grant said was "too beautiful to burn."

No commercial traffic, no chasing hounds, no distracting billboards — just you, your bicycle, and some of the prettiest countryside in the South.

- 8 Days
- Shared Cooking
- Difficulty: Level 4
- Camping/Indoor
- Paved Surface
- Price: \$2,399



SCOTT WALKER

## Texas Hill Country



Fully Supported | April 5 - 11 | Fredericksburg, TX

If you've been led to believe the Lone Star State is pancake flat, our weeklong bike tour through the rolling Texas Hill Country will prove otherwise.

This extremely popular cycling adventure begins and ends in the heart of Hill Country in Fredericksburg. From there we'll make our way on quiet farm and ranch roads through this region celebrated for its dazzling displays of spring wildflowers — most notably bluebonnets — that grow so thickly they sometimes appear to be distant lakes on the horizon. We'll visit historic settlements including Blanco, Luckenbach, and Johnson City, riding along crystal-clear streams and oak-covered hills, and we'll camp beside rivers with names that evoke the old Southwest (like Guadalupe and Pedernales). Along the way, we'll sample Texas barbecue and Tex-Mex specialties.

- 7 Days
- Catered Meals
- Difficulty: Level 2
- Camping/Indoor options
- Paved Surface
- Price: \$1,999





## Outer Banks



Inn to Inn | April 12 - 18; April 20 - 26 | Elizabeth City, NC

Join us on this popular ride through one of the premier beach destinations in the U.S. Our loop tour of North Carolina's Outer Banks offers a chance to explore the region's the coastal communities nestled in the state's barrier islands. Leaving our camping and cooking gear at home, we'll sleep indoors each night and enjoy the region's excellent seafood and other delicacies.

We will ride directly on the Outer Banks from our startpoint in Elizabeth City to explore places like Ocracoke Island, Cedar Island Wildlife Refuge, Cape Hatteras National Seashore, Nags Head, Kill Devil Hills, and Kitty Hawk. With an endless parade of things to do, we'll view lighthouses, shipwrecks, and abundant wildlife, as well as the site of the Wright Brothers' first flight. We will take a ferry over to the Cedar National Wildlife Reufe after we arrive in Ocracoke. After five days of coastal exploration, we'll finish at our starting point in Elizabeth City.

- 8 Days
- Indoor Dining
- Difficulty: Level 2
- Indoor (Inn to Inn)
- Paved Surface
- Price: \$2,769



## TransAm Express

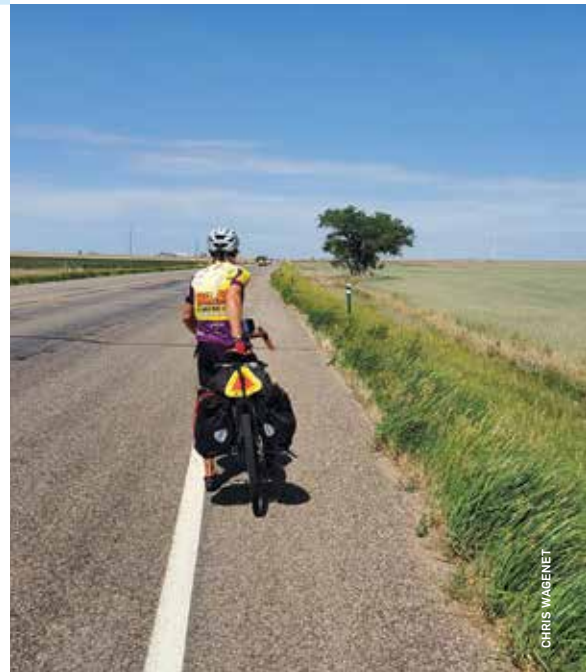


Van Supported | April 20 - July 3 | Washington, DC - Florence, OR

We're excited to once again offer a tour on the TransAm Express route, a different take on a classic route that should entice anyone who enjoys riding trail systems. While some cyclists believe pedaling across the country self-supported is the only way to go, others say, "Haul all that gear? No way." If you're among the latter group, you can ride pannier-free on this adventure across the U.S.!

This tour will include the full length of the C&O Canal Trail, Great Allegheny Passage, and Katy Trail with over 500 miles of car-free cycling for a different experience from the original TransAmerica Trail. From Washington, DC, we'll pedal westward across the C&O and GAP trails, and later we'll hop on the Katy Trail across Missouri. After crossing the windswept plains of the Midwest, we'll get on the original TransAm route in northern Colorado, following the mountains all the way to the Pacific. Make this your summer for the bicycle adventure of a lifetime!

- 75 Days
- Shared Cooking
- Difficulty: Level 4
- Camping/Indoor
- Paved/Bike Trail
- Price: \$11,599



CHRIS WAGENET

## Colonial Virginia Loop



Self Contained | May 1 - 6 | Richmond, VA

What better way to spend a week than to explore historic Virginia by bicycle! This is a perfect trip for someone new to bicycle travel and experienced travelers alike. Visiting small towns like Jamestown and Williamsburg, we'll have a chance to explore places like the Yorktown Battlefield, Colonial Williamsburg, and Historic Jamestowne, all while carrying everything we need on our bikes.

We'll immerse ourselves in the history of the area as we ride rolling rural roads past farms and pastures and enjoy the views that come with riding along the coast. We'll even spend time riding on the iconic TransAmerica Bicycle Trail and possibly see some cyclists starting (or ending) their epic cross-country journey. After this short tour is over, you may even be setting your sights on your very own epic adventure!

- 6 Days
- Shared Cooking
- Difficulty: Level 2
- Camping
- Paved
- Price: \$1,199



IZZIE CRANE



## East Coast Greenway - Spring



Self Contained | May 3 - June 3 | Portland, ME - Washington, DC

This grand 32-day, self-contained tour of the Atlantic Coast will use the maps of the East Coast Greenway Route and Adventure Cycling's Atlantic Coast Routes that take us through the "best of the East," a spectrum of beauty that is often subtle but at times eye-popping — we'll spin through quiet farm country, lush state parks, and refuges teeming with wildlife.

This tour through New England and the Mid-Atlantic is a history lesson on the go, where the past comes to life in dynamic ways. You'll see the coasts of Maine, New Hampshire, and Massachusetts along with the shores of Cape Cod, the Delaware Water Gap and the urban excitement and history of Boston, Philadelphia, Baltimore and Washington, DC.

- 32 Days
- Shared Cooking
- Difficulty: Level 4
- Camping/Indoor
- Paved
- Price: \$4,599



COURTESY OF EAST COAST GREENWAY

## Trans Virginia Gravel



Van Supported | May 10 - May 16 | Abingdon, VA

Explore Virginia's best backcountry riding on unpaved and touring routes. From the beautiful countryside of the Shenandoah Valley to Virginia's loftiest vistas, the Trans Virginia Route takes the road less traveled. The back roads, remote National Forests and two of Virginia's most popular rail trails, offer a variety of challenging climbs, diverse landscapes and communities, with fascinating natural and historical sites.

An adventure this beautiful, diverse, and challenging can only be described as epic. Discover the path less traveled on Virginia's amazing backcountry and make some memories on this amazing backcountry adventure.

- 7 Days
- Shared Cooking
- Difficulty: Level 4
- Camping/Indoor
- Paved/Gravel/Dirt
- Price: \$1,799



DENNY KOONITZ

## Katy Trail - Spring



Inn to Inn | May 11 - 18 | St. Louis, MO

There might not be a trail in the U.S. better suited for a relaxed ride than Missouri's popular Katy Trail. Car-free, virtually flat, and featuring a crushed-limestone surface, the trail dishes up plenty of towns and attractions (and ice cream stands) along the way to keep things interesting. We've also broken the riding into manageable daily distances.

Considered by many to be the crown jewel of North American rail-trail conversions, the Katy Trail will transport us through the heartland of America beside the Missouri River, along a corridor that's also part of the Lewis and Clark National Historic Trail and the coast-to-coast American Discovery Trail. We'll pedal through sun-drenched, prairie-turned-farmland and across the Missouri River to New Franklin, then follow the river gently downstream back to Historic St. Charles.

- 8 Days
- Indoor Dining
- Difficulty: Level 2
- Indoor (Inn to Inn)
- Gravel/Bike Trail
- Price: \$2,899



TIM NAVE



## C&O Canal/GAP - Spring



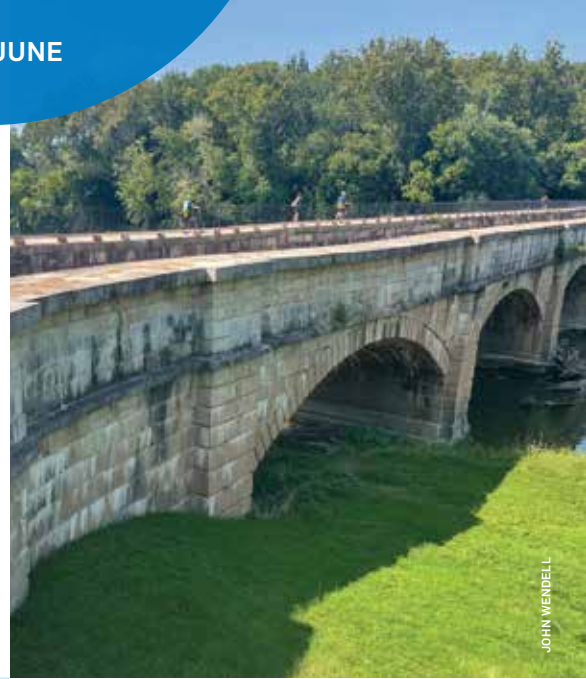
Self Contained | May 17 - 25 | Washington, DC

This spring, you won't need to worry about traffic as you ride your hybrid or mountain bike some 330 miles on hard-packed, gently graded gravel and dirt trails from the heart of the nation's capital north to Pittsburgh, Pennsylvania.

We start in Washington, DC, where we'll enjoy a quick tour of the many historic monuments before rolling through farmland and sun-dappled woods as our surroundings soon become more wild. There will be plenty of off-bike opportunities throughout the tour, from Appalachian day hikes to visiting Revolutionary and Civil War battle sites.

With stellar car-free riding and gentle grades, this is an ideal tour for the first-time, self-contained tourist or for the rider who wants to ease into the season.

- 9 Days
- Shared Cooking
- Difficulty: Level 2
- Camping/Indoor
- Gravel/Bike Trail
- Price: \$1,699



JOHN WENDELL

## Black Hills



Inn to Inn | May 25 - 31; June 1 - 7 | Rapid City, SD

"Majestic," "striking," and "otherworldly" are just some of the words used to describe the Black Hills of South Dakota, and you'll see it all from your saddle as you cycle along lightly traveled roads and portions of the unforgettable Mickelson Trail, a 114-mile-long, gravel-surfaced rail trail.

Beginning and ending our adventure in Rapid City, we'll visit the historic towns of Lead, Hot Springs, and Keystone, gateway to Mount Rushmore National Memorial, as well as Custer State Park. We'll also see Crazy Horse Memorial, which, when finished, will dwarf Mount Rushmore, and Wind Cave National Park, one of the largest and most complex caves in the world. From breathtaking scenic vistas to rock-solid national memorials and state parks, you'll get to experience it all on this fantastic loop ride.

- 7 Days
- Indoor Dining
- Difficulty: Level 4
- Indoor (Inn to Inn)
- Paved/Gravel/Bike Trail
- Price: \$3,099



PETER HINMAN

## Blue Ridge Bliss - Virginia



Fully Supported | May 31 - June 7 | Fancy Gap, VA

A perennial favorite, our Blue Ridge Bliss tour includes Skyline Drive, a beautiful route through Shenandoah National Park. The Blue Ridge Parkway and Skyline Drive are often called "America's Favorite Drives." They could just as well be nicknamed "America's Favorite Bike Tours." In all, the parkway and drive span 574 miles from Front Royal, Virginia, in the north to North Carolina's Great Smoky Mountains National Park in the south. On this very special bicycle tour, you'll explore almost 332 of the very best of those miles.

The Parkway and Drive twist and turn through a rural landscape of dark forests, sun-dappled fields, and mountain meadows surrounded by rustic split-rail fences. We'll spin past historic farmsteads and lodges, and through the many valleys known locally as "hollers." This June, immerse yourself in Appalachia's singular mix of flora and fauna, and its unique and venerable mountain culture. Join us for Blue Ridge Bliss!

- 8 Days
- Catered Meals
- Difficulty: Level 4
- Camping, Indoor Options
- Paved Surface
- Price: \$2,199



DONNA RZEWNICKI



## Acadia and Mt. Desert Island - Spring



Inn to Inn | June 1 - 4 | Bar Harbor, ME

Spend a long weekend exploring Maine's only national park — Acadia! Over the course of the trip, we'll circumnavigate Mount Desert Island, visit fantastic small towns like Southwest Harbor and Bar Harbor, and have the opportunity to ride the famous carriage roads built between 1913 and 1940 with support from John D. Rockefeller Jr. Finally, we'll get the chance to ride our bikes to the summit of Cadillac Mountain! At the eastern edge of the state and rising to 1,529 feet, the first light to reach the U.S. touches this magical spot.

Best of all, we'll be eating at restaurants and staying indoors every night, so all you'll need to carry on your bike are your clothes, toiletries, and a lunch for the day. It's a great way to tour for both beginners and experienced cyclists alike. This long weekend will leave you wanting to come back for more!

- 4 Days
- Indoor Dining
- Difficulty: Level 2
- Indoor (Inn to Inn)
- Paved Surface
- Price: \$1,599



MARYJANE HADAWAY

## Maine Coast and Lighthouses



Van Supported | June 1 - 7; June 8 - June 14 | Portland, ME

This tour highlights the best of what the Maine coast has to offer — quaint oceanside towns, rugged and rocky coastlines, and lighthouses galore!

Starting near Portland, known for its abundance of great restaurants in the Old Port, we'll work our way up the jagged coastline to Camden, an area rich in nautical history. Along the way, we'll have the chance to take in up to 10 iconic Maine lighthouses including Portland Head Light, the most photographed lighthouse in the U.S., and Marshall Point Lighthouse, made famous in the movie *Forrest Gump*. We'll also explore places like Freeport and Boothbay Harbor for some off-bike activities, and have the chance to talk with Down East locals. Throughout the ride, we'll get a true taste of Maine with opportunities to eat some of the freshest seafood you've ever had.

- 7 Days
- Shared Cooking
- Difficulty: Level 2
- Camping
- Paved Surface
- Price: \$2,399



ROCK BARILETT

## Great Parks North



Self Contained | June 14 - July 5 | Missoula, MT - Jasper, AB

Heading north from Missoula, Montana, we'll follow the Great Parks North Route all the way to Jasper, Alberta. While the entire route is spectacular, the crown jewels consist of a chain of national parks: Glacier National Park in the U.S. and, in Canada, Waterton Lakes, Kootenay, Banff, and Jasper national parks.

After departing Adventure Cycling's hometown, we'll pass through the Seeley-Swan Valley en route to Glacier, where we'll ascend the engineering and scenic marvel of Going-to-the-Sun Road, considered a bucket-list ride for cyclists the world over. We'll proceed north, crossing into Alberta then enter British Columbia, visiting the ski town of Fernie, then follow the upper Columbia River to the magic waters of Radium Hot Springs. Soon, we'll roll onto the Icefields Parkway, where we'll marvel at the beautiful glacial streams and lakes, and at the massive icefields flanking the roadway. Upon reaching Jasper, we'll shuttle back to Missoula.

- 22 Days
- Shared Cooking
- Difficulty: Level 5
- Camping/Indoor
- Paved
- Price: \$3,599



EMILY LOBERG



## Crater Lake



Inn to Inn | June 20 - June 26 | Bend, OR

Prepare for some challenging riding and mind-blowing mountain scenery as we'll go up, over, down, and around the heart of the Cascade Range in Oregon. Pack lightly as we'll stay indoors at a slate of hotels and mountain lodges, where we'll take advantage of civilized dining and great swimming in several high-mountain lakes.

After a short shuttle from Redmond, to Sisters, OR, we'll ride Adventure Cycling's TransAmerica Bicycle Trail to ride up McKenzie Pass. We'll soon connect with Adventure Cycling's Sierra Cascades Bicycle Route, taking us to trendy, recreation-based towns such as Sisters and Bend. Then it's back up to the high Cascades where our adventure culminates in the climb to Crater Lake followed by an unforgettable downhill toward the shores of Diamond Lake. From there it's a short shuttle back to Redmond.

- 7 Days
- Indoor Dining
- Difficulty: Level 4
- Indoor (Inn to Inn)
- Paved Surface
- Price: \$3,999



KEVIN ANSEL

## Glacier-Waterton



Inn to Inn | June 21 - 30; July 12 - 21 | Whitefish, MT

Going-to-the-Sun Road was conceived as a way to permit visitors a glimpse of Glacier National Park's mountainous interior without the need to travel by foot or horseback. Completed in 1932 after 11 years of work, this engineering and scenic marvel accounts for only one day of our spectacular Glacier-Waterton Loop!

From Whitefish, Montana, we'll visit Fernie, British Columbia, then head east and crest the Continental Divide at Crowsnest Pass before rolling through Alberta prairies en route to Waterton Lakes National Park. A UNESCO World Heritage Site, the cross-border Glacier-Waterton International Peace Park features unmatched splendor.

- 10 Days
- Indoor Dining
- Difficulty: Level 3
- Indoor (Inn to Inn)
- Paved Surface
- Price: \$4,299



KEVIN ANSEL

## Alaska Golden Circle



Self Contained | June 21 - July 3 | Juneau, AK

This wonderful cycling adventure will cover 360 highway miles between Haines and Skagway, offering stunning scenery, gold-rush history, alpine lakes, and coastal rainforests. Our tour starts in Alaska's capital city of Juneau and heads north to Haines, courtesy of a ferry ride on the Alaska Marine Highway.

After a partial day to investigate Haines, we head inland, climbing up over Chilkat Pass into the alpine regions of both British Columbia and the Yukon. At Haines Junction, the route turns east on the Alaska Highway, where we stop along the way at Eclipse Nordic Hot Springs. We then head into Whitehorse, capital of the Yukon and a burgeoning mountain bike mecca. After exploring Whitehorse, we head south on the Klondike Highway and climb over White Pass, route of the famous Chilkoot Trail. We cruise down the 12-mile descent into Skagway to enjoy that wonderful town on a layover day. The ferry again awaits us for the return cruise to Juneau.

- 13 Days
- Shared Cooking
- Difficulty: Level 5
- Camping
- Paved
- Price: \$2,499



STEVENORIE



# Upstate New York Adirondacks



Van Supported | June 21 - July 1 | Saratoga Springs, NY

This tour is set almost entirely within New York's Adirondack Park — the largest publicly protected area in the Lower 48 and greater in size than Yellowstone, Everglades, Glacier, and Grand Canyon national parks combined! On this 11-day adventure, we'll traverse farmlands and historic battlefields, linger in quaint towns, enjoy low-traffic roads, and climb to some of the highest points in the Northeast.

Despite the overall rural nature of the route, we'll visit a rich lode of civilized destinations, including Saratoga Springs, famous in horse-racing circles; Lake Placid, site of the 1932 and 1980 Winter Olympic Games; historic Fort Ticonderoga and Lake Champlain, backed by the Green Mountains of neighboring Vermont. Add to the mix the rugged beauty of the Adirondacks and the camaraderie unique to a guided tour, and you have one of the most inviting cycling adventures in North America.

- 11 Days
- Shared Cooking
- Difficulty: Level 2
- Camping/Indoor
- Paved Surface
- Price: \$2,799



KATHY WAYSOCK

# Idaho Trails Relaxed



Fully Supported | June 22 - June 27 | Plummer, ID

This incredible bike tour takes in a pair of the most spectacular trails in the U.S., featuring easy riding through wetlands, lakes, and meadows, along with some fascinating regional history.

The Trail of the Coeur d'Alenes traces the course of an abandoned Union Pacific Railroad right-of-way, reaching from the Silver Valley, situated near the Montana-Idaho border, to Plummer, not far from Idaho's border with Washington. The Route of the Hiawatha originates in Montana and burrows beneath the state line through the memorable 1.7-mile-long Taft Tunnel. We'll then pass through several more tunnels and ride over numerous trestles, some of them an impressive 200-plus feet high.

With its gentle terrain, short daily distances, and gorgeous scenery, this trip is a great choice whether you're a beginner seeking an introduction to supported bicycle touring or a cycling veteran craving a mellow, low traffic adventure.

- 6 Days
- Catered Meals
- Difficulty: Level 1
- Camping, Indoor Options
- Bike Trail/Paved/ Gravel
- Price: \$1,699



JIM HINGBERG

# Oregon Coastal Loop



Self Contained | June 22 - June 27 | Newburg, OR

This tour is a great sampler of the Oregon Coast and Willamette Valley. We'll spend a day riding through the Valley, from just outside Eugene to the vibrant college town of Corvallis. From there, we'll head into the Coast Range, seeing evidence of many types of agriculture, which remains Oregon's key industry.

You can't cross a mountain range without some climbing, but our efforts will be rewarded with the views along the iconic Pacific Coast Bicycle Route. Then it's time to climb again, back over the Coast Range to return to our start in the Willamette Valley.

- 6 Days
- Shared Cooking
- Difficulty: Level 2
- Camping
- Paved
- Price: \$1,199



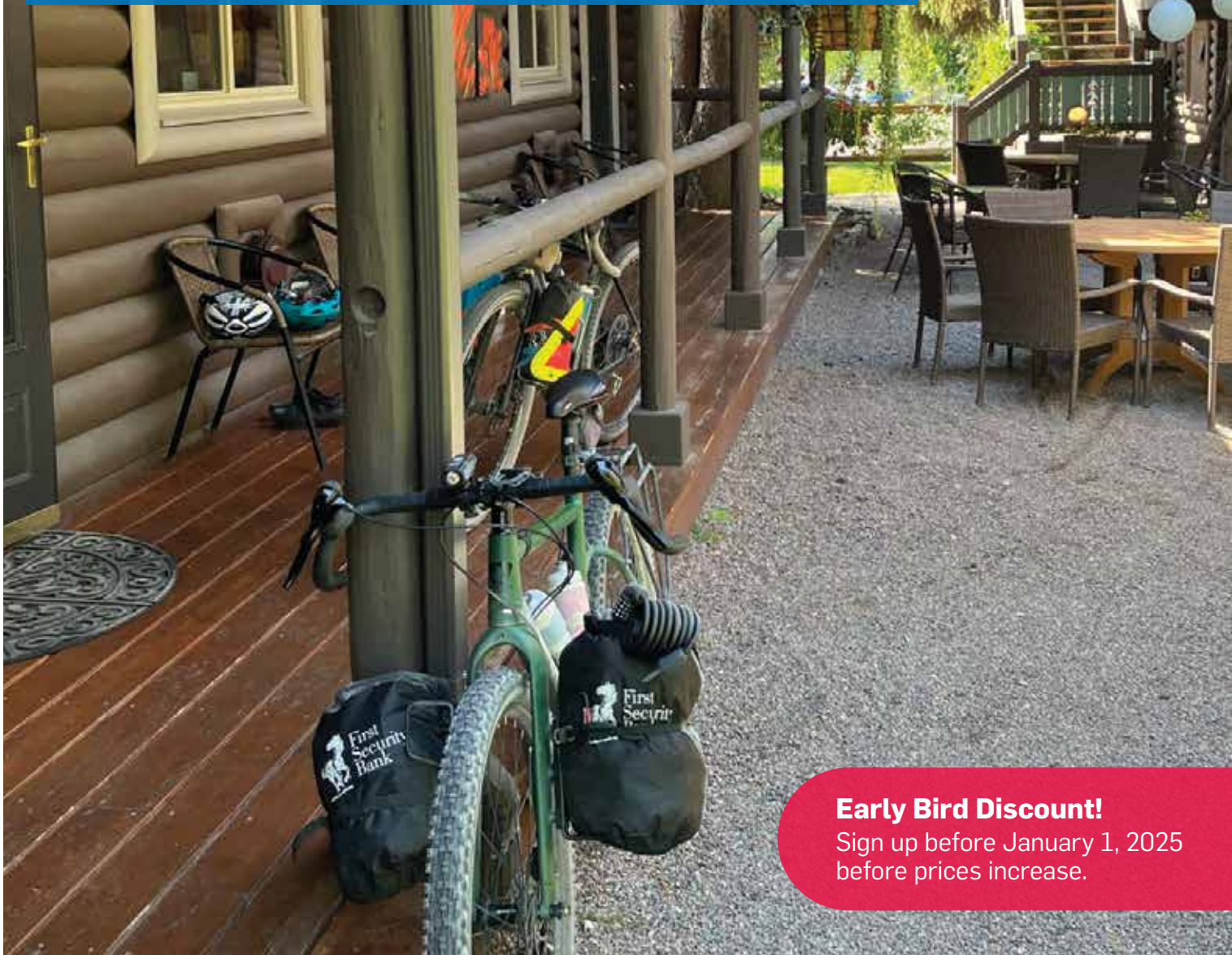
ANDREW WALKER



# Adventure Cycling's Inn to Inn Tours

Are you itching to experience a self-contained adventure, but your busy schedule gets in the way? Do you like the idea of carrying your own gear, but you prefer to stay indoors and explore local food? Then Adventure Cycling's inn-to-inn tours are for you! These tours are typically four to 12 days in length, and like our traditional self-contained trips, inn-to-inn tours feature a small group of riders, usually around 14 cyclists. Each night you will rest in a hotel or motel and enjoy dinner and breakfast at local restaurants. Carrying your own personal items and just enough clothes for the week, you'll be free to spend each evening reminiscing about the day's riding adventures.

Visit [adventurecycling.org/inntoinn](https://adventurecycling.org/inntoinn) for more information.



## Early Bird Discount!

Sign up before January 1, 2025  
before prices increase.



# Great Divide Canada

 Self Contained | July 7 - 17 | Whitefish, MT

For more than two decades, the Great Divide Mountain Bike Route has fulfilled the dreams of cyclists looking for the ultimate off-road adventure!

We'll tackle nearly 350 of the most beautiful and challenging miles along the entire 3,000-mile route, which traces the spine of the Rocky Mountains from Jasper, Alberta, to Antelope Wells, New Mexico. Beautiful Banff is our starting point, but our ride through the spectacular Canadian Rockies and deep woods of northwest Montana will come to an end near Glacier National Park at the Whitefish Bike Retreat, a 20-acre cyclist's paradise and a fitting end to a dream tour. Come see why *Outside* magazine included the Great Divide Mountain Bike Route on its list of "The Best Backcountry Adventure Trips in America."

- 11 Days
- Shared Cooking
- Difficulty: Level 5
- Camping/Indoor
- Dirt Surface
- Price: \$2,189



BRUCE MALARKY

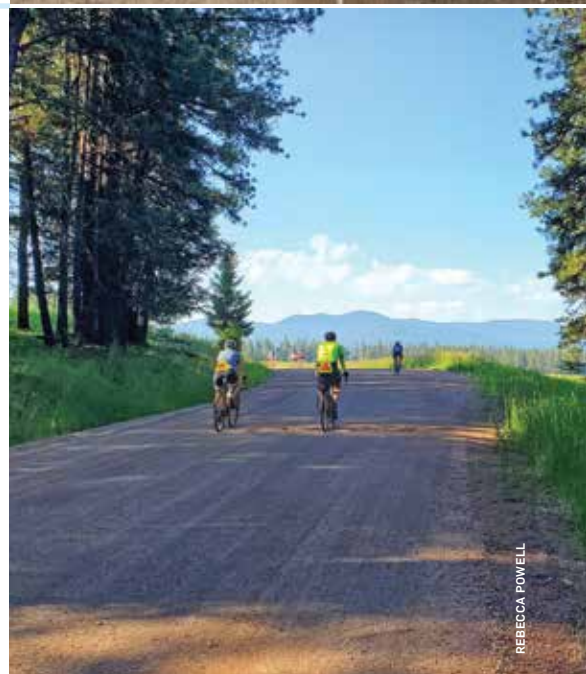
# Cycle the Divide - Montana

  Fully Supported | July 12 - 18 | Whitefish, MT

Sample our heralded Great Divide Mountain Bike Route, fully supported and load free! We'll travel from the lively resort town of Whitefish, located near Glacier National Park, to the southern end of the spectacular Swan Range, one of Montana's less-visited geologic gems. Not far away lies Flathead Lake, the largest natural freshwater lake in the West.

Riding mostly on U.S. Forest Service roads and a bit of singletrack, we'll experience the high country of one of the world's great wildland complexes. Along the way, we'll encounter a variety of flora and fauna — the sharp-eyed might even spot wild huckleberries ripe for the picking or the occasional bear on a distant hillside. We'll skirt the southern boundaries of the Bob Marshall and Scapegoat wilderness areas and crest the Continental Divide on a loop near Lincoln, our ultimate destination.

- 7 Days
- Catered Meals
- Difficulty: Level 4
- Camping/Indoor Options
- Dirt Surface
- Price: \$1,899



REBECCA POWELL

# Selkirk Splendor

 Van Supported | July 13 - 23; July 25 - August 4 | Sandpoint, ID

Pack your passports for this international tour through some of the finest cycling terrain that the U.S. and Canada have to offer along "The West's Best Scenic Drive." Recognized by Rand McNally as one of only five routes to earn its "Best of the Road" title, the lightly traveled roads in this region are finally being discovered as a cycling paradise as well.

From picturesque Sandpoint, Idaho, we'll zip up the panhandle and cross the border into British Columbia. Once there, we'll ride through pleasant farmlands and orchards, take a ferry across the fjord-like Kootenay Lake, and visit a host of fascinating small towns like Creston, Kaslo, New Denver, and Nelson. We'll then re-enter the U.S., this time via Washington, where we'll follow the Pend Oreille River through Metaline Falls down to Newport. After one final border crossing leads us back into Idaho, we'll cycle to our finish in Sandpoint.

- 11 Days
- Shared Cooking
- Difficulty: Level 4
- Camping/Indoor
- Paved Surface
- Price: \$2,799



CHRISTOPHER WICKINNON



## Epic Great Divide



Van Supported | July 14 - Sept. 16 | Whitefish, MT - Antelope Wells, NM

It won't take long to realize that "the Divide" simply isn't enough — this trip's greatness is on display from the first pedal stroke. Grab your knobbies, throw your gear in the support van, and prepare for nine unloaded weeks of day after day epic riding and even better views. Our great adventure begins in the mountain town of Whitefish, Montana, among the towering pines and glacial valleys of the Crown of the Continent. Sixty-five days later, we'll ride into Antelope Wells, New Mexico, in the wide-open high desert along one of the loneliest stretches of the U.S./Mexico border. In between, some of the wildest Rocky Mountains await.

So throw your gear in the van, pack a bigger memory card, and get ready for an unloaded ride that will show off some of the continent's most astonishing scenery (and secluded cycling) along the way.

- 65 Days
- Shared Cooking
- Difficulty: Level 5
- Camping/Indoor
- Dirt Surface
- Price: \$9,899



FRANK DROBOT

## New York Finger Lakes Wine Country



Self Contained | July 16 - 25 | Syracuse, NY

Take in the heart of the Finger Lakes region of New York. From the wineries along the route, and the rich women's rights heritage of Seneca Falls, to the extensive network of state parks with beautiful campgrounds, it's little wonder this part of New York is becoming widely recognized as a first-class bicycle-touring destination.

The Finger Lakes area is noted for its hilly terrain, but we've carefully designed the route and the daily mileages to make the trip enjoyable for riders with loaded bikes. Along the route, we'll stop in many lakeside villages and small cities to enjoy snacks and lunches. We'll camp primarily at state and local campgrounds and enjoy lakes, gorges, and waterfalls. There will be opportunities to tour the wineries and museums lining our route, and we've built in a layover day in Watkins Glen with a great variety of off-bike activities.

- 10 Days
- Shared Cooking
- Difficulty: Level 3
- Camping
- Paved/Gravel
- Price: \$1,699



## Great Divide Wind River



Van Supported | July 27 - Aug. 6 | Jackson, WY

Celebrate more than 20 years of the Great Divide Mountain Bike Route with a ride through the unforgettable high plains of Wyoming. This 11-day trip in the shadow of the Wind River and Gros Ventre (*grow-vaunt*) Mountains may not look like a high-altitude route with the sky reaching out to distant horizons, but you'll top 9,500 feet as you ride through the beginnings of the Wind, Green, and Snake River drainages, which eventually feed the mighty Missouri, Columbia, and Colorado Rivers.

Along the way you'll visit small towns that could pass for spaghetti western sets and soak in history that includes the Astor Expedition, the Oregon Trail, and Native American tribes that lived in and traveled around the region. And all the while you'll be pedaling along the Great Divide — you might just be inspired to keep going all the way to the Mexican border!

- 11 Days
- Shared Cooking
- Difficulty: Level 4
- Camping
- Dirt Surface
- Price: \$3,249



TED FORGERON



# Adventure Cycling's Van Supported Tours

You want fun, good food, gear-free riding, and other like-minded people to share the road? Then consider one of our popular van-supported tours. Adventure Cycling's van-supported tours offer all the thrills of a classic, self-contained tour: a group of around 13 riders, camping, and shared group cooking. But you'll spend your riding days free of personal and group gear since we provide a van to do all the heavy lifting, and two experienced leaders will make your tour one to remember. The group may also use the support van to take side trips that would not be reachable otherwise. We offer van-supported versions of our epic, cross-country adventures and many one- to two-week tours. We include occasional motel overnights (one every 10 days) on longer trips.

Visit [adventurecycling.org/vansupported](https://adventurecycling.org/vansupported) for more information.



## Early Bird Discount!

Sign up before January 1, 2025  
before prices increase.



## Great Divide Colorado Alpine

 Van Supported | Aug. 9 - 17; Aug. 19 - 27 | Steamboat Springs, CO

The Great Divide Mountain Bike Route has been a joy for thrillseekers for more than 20 years, and you can join the party in style along the iconic route's sky-scraping Colorado alpine section. Most of the riding is above 9,000 feet, and some of the Rocky Mountains' highest peaks will be your companions on this bucket-list-worthy tour!

Between Steamboat Springs and Kremmling, we'll meander through a mellow mountain landscape before descending, seemingly forever, to the Colorado River at Radium. It's one of the most dramatic dives on the entire Great Divide Route. We'll also ride through the bustling resort area of Breckenridge before ascending Boreas Pass. The last day's ride into Salida follows a twisty doubletrack that offers incredible views across the Arkansas River valley to some of the most spectacular 14ers in Colorado.

While the scenic views are incredible, you'll earn them! This is a challenging tour.

- 9 Days
- Shared Cooking
- Difficulty: Level 4
- Camping
- Dirt Surface
- Price: \$2,659



JIM VECHT

## Allegheny Mountains Gravel Loop

 Van Supported | Aug. 30 - Sept. 5 | Gap Mills, WV

The gorgeous Allegheny Mountain Range is considered one of the most stunning spots in the U.S. The Allegheny Mountains Loop lets you experience the beauty of these impressive mountains and offers a wide variety of riding types — from pavement to gravel roads and rail trails, and from gentle grades along river valleys to steep, muscle-burning climbs and fast descents. The tour begins and ends in the beautiful West Virginia mountains and crosses back and forth between Virginia and West Virginia several times. The scenery is as diverse as the riding — from valley farmlands to majestic mountains, and from friendly small towns to remote and secluded wilderness.

After this amazing experience, you're certain to appreciate why West Virginia is affectionately called the "Mountain State," and you'll understand why "Virginia is for Lovers" — lovers of great riding, awesome scenery, friendly folks, history, and must-see attractions.

- 7 Days
- Shared Cooking
- Difficulty: Level 4
- Camping
- Gravel/Paved
- Price: \$1,899



GREG EDWARDS

## Pacific Coast North

 Self Contained | Sept. 5 - 19 | Bellingham, WA - Eugene, OR

If you've got two weeks to spend on a bike, there's no better spot on earth than the northernmost section of Adventure Cycling's Pacific Coast Route.

Starting in Bellingham, Washington, we'll zip up to the Canadian border before starting our trip south along Puget Sound, heading toward the mountains and passing by the Olympic Peninsula. Continuing south, we'll cross the Columbia River into Astoria, Oregon, and then proceed down the Oregon coast, dazzled for nearly 200 miles by the sights, sounds, and scents of the Pacific Ocean. We'll enjoy some of the most pristine beaches and pleasant state parks in the U.S. before heading back inland to close out our ride in the bike-loving college town of Eugene.

Make it an EPIC ride! Complete the full Pacific Coast Route self-contained by also joining our Pacific Coast Central and Pacific Coast South tours.

- 15 Days
- Shared Cooking
- Difficulty: Level 4
- Camping/Indoor
- Paved Surface
- Price: \$2,799



IAN UNDERHILL



## Washington's San Juan Islands



Inn to Inn | Sept. 6 - 12; Sept. 14 - 20 | Anacortes, WA

This weeklong inn-to-inn tour weaves along the glorious northwestern coastline of Washington's Puget Sound and through its famous San Juan Islands, offering an irresistible combination of manageable daily mileages and world-class scenery. Since we'll leave our camping and cooking gear at home, it's the perfect tour for cyclists who enjoy bicycling self-contained, but prefer sleeping in a bed rather than in a tent.

We'll spend our days leisurely pedaling the waterfront, spinning inland through fertile farmlands and scenic villages full of interesting shops and top-notch seafood restaurants. On many days, our cycling will be broken up by ferry rides, from which you might glimpse orca whales, seals, or bald eagles! Grab your bike, your camera, and your sense of adventure — because you're in for a week of Pacific Northwest bicycling that you'll never forget!

- 7 Days
- Indoor Dining
- Difficulty: Level 3
- Indoor (Inn to Inn)
- Paved Surface
- Price: \$3,099



## Michigan's Lakeshore



Self Contained | Sept. 6 - 13 | Traverse City, MI

Profiled in Chris Santella's book, *Fifty Places to Bike Before You Die*, this seven-day, self-contained tour centered in Michigan's Leelanau Peninsula is an adventure you won't want to miss!

We'll enjoy local wineries, stunning pine forests, and, of course, the iconic white-sand beaches and towering dunes of Sleeping Bear National Lakeshore. We'll also have the opportunity to visit quaint lakeside villages and lighthouses, stopping to admire crystal-clear inland lakes and spectacular views.

If you're new to self-contained touring or want a relaxing week of fun riding and unforgettable scenery, this is the tour for you!

- 8 Days
- Shared Cooking
- Difficulty: Level 2
- Camping
- Paved Surface
- Price: \$1,399

NEW!



## Cape Cod & the Islands



Self Contained | Sept. 6 - 13 | Plymouth, MA

Spend a week cycling along the beautiful Atlantic Ocean shoreline. On this tour, we'll view the seaports, glacially formed kettle ponds, and lighthouses of southeastern Massachusetts, visit historic sites from the days of colonial America, and explore quaint shops on Cape Cod and Martha's Vineyard. Attractions of special interest include Cape Cod National Seashore; a full-scale reproduction of the Mayflower; the preserved village of New Bedford, once the whaling capital of the world; and the Chatham Marconi Maritime Center. Every day on this tour is spent within 15 miles of the Atlantic, and each night close to a large body of freshwater or saltwater.

This tour is suitable for all riders and is a great choice for anyone looking to learn the basics of self-contained touring, or for an experienced bicycle traveler looking for a week of relaxed cycling. The riding is relaxed, services are plentiful, and the campgrounds are outstanding.

- 8 Days
- Shared Cooking
- Difficulty: Level 1
- Camping
- Paved Surface
- Price: \$2,059





## Idaho Trails



Inn to Inn | Sept. 13 - 20; Sept. 14 - 20 | Coeur d'Alene, ID

This incredible bike tour takes in a pair of the most spectacular trails in the U.S., along with some fascinating regional history. The Trail of the Coeur d'Alenes traces the course of an abandoned Union Pacific Railroad right-of-way, reaching from the Silver Valley near the Montana-Idaho border to Plummer, Idaho, near the border with Washington. The Route of the Hiawatha originates in Montana and burrows beneath the state line through the memorable 1.7-mile-long Taft Tunnel. We'll then pass through several more tunnels and ride over numerous trestles, some of them an impressive 200-plus feet high.

With its predominantly gentle terrain, short daily distances, and gorgeous scenery, this trip is a great choice whether you're a bike travel beginner or a cycling veteran.

- 7 Days
- Indoor Dining
- Difficulty: Level 2
- Indoor (Inn to Inn)
- Paved/Gravel/Bike Trail
- Price: \$2,999



DONALD STRACHAN

## Pacific Coast



Van Supported | Sept. 7 - Oct. 17 | Bellingham, WA - San Diego, CA

Join us for this golden opportunity to ride from Canada to Mexico on one of America's premier cycling routes: the Pacific Coast Route. This tour is so popular that it sells out in a few weeks, so if you're interested, don't hesitate to sign up.

We'll experience some of the finest terrain and tour some of the coolest cities in the world — all pannier-free as we leave our luggage in the van! From our border with Canada, we'll head south through the lush forests of western Washington before following the Columbia River to the Oregon coast, where we'll encounter some of the nicest state parks in the country. Farther south, we'll enter California and head inland to cycle among majestic redwood forests. After visiting San Francisco, we'll enjoy the Monterey Peninsula, Big Sur, and Santa Barbara. Continuing south, we'll end our tour in lively San Diego.

- 41 Days
- Shared Cooking
- Difficulty: Level 5
- Camping/Indoor
- Paved Surface
- Price: \$7,199



AMBER LEA STARFIRE

## Vermont



Inn to Inn | Sept. 13 - 20 | Burlington, VT

Ride with us through Vermont's tranquil Northeast Kingdom with its colorful mountain vistas and stunning views of sprawling Lake Champlain. From fiery-red hardwood canopies to expanses of golden yellow, you can't beat the breathtaking views of Vermont in the autumn. What better way to go leaf peeping than by bicycle?

We'll start in the bicycling mecca of Burlington, where, in addition to a bevy of cultural and historic sites at hand, we'll be treated to amazing views of the Adirondack Mountains looming to the west and the Green Mountains to the east. Moving eastward we'll enjoy stunning colors and visit many quaint New England towns, including a quick trip into New Hampshire and a stop in Montpelier, the capital of Vermont. Our trip ends back in Burlington, but not before we've experienced all of the color and beauty that Vermont has to offer.

- 7 Days
- Indoor Dining
- Difficulty: Level 3
- Indoor (Inn to Inn)
- Paved Surface
- Price: \$2,899



RICK BARTLETT



# Adventure Cycling's **Self Contained and Intro to Touring Courses**

Self-contained camping tours have been an Adventure Cycling tradition for 40 years. To many cyclists, this style of travel is the ultimate way to travel. Relying on your own power, cooking your own meals, and carrying your "home" with you — it's a sense of freedom that must be experienced to be understood.

Our Introduction to Touring Courses bring our self-contained experience to a learn-by-doing type of trip. Instruction is structured to teach the beginning cycle tourist the basics of traveling by bicycle with two days of outdoor instruction, after which we'll hit the road on a four-day, self-contained camping tour. You'll learn the basics of bicycle travel including what to bring, how to pack a loaded bike, cooking techniques, and emergency communication. Then you get a chance to apply your newly acquired knowledge on a mini-tour through the countryside of a location you choose. You'll complete the course with an increased confidence in your traveling abilities and an enhanced knowledge of the benefits of traveling by bicycle.

Visit [adventurecycling.org/selfcontained](https://adventurecycling.org/selfcontained) or [adventurecycling.org/educational](https://adventurecycling.org/educational) for more information.

## **Early Bird Discount!**

Sign up before January 1, 2025  
before prices increase.



## Acadia and Mt. Desert Island - Fall



Inn to Inn | Sept. 14 - 17 | Bar Harbor, ME

Spend a long weekend exploring Maine's only national park — Acadia! Over the course of the trip, we'll circumnavigate Mount Desert Island, visit fantastic small towns like Southwest Harbor and Bar Harbor, and have the opportunity to ride the famous carriage roads built between 1913 and 1940 with support from John D. Rockefeller Jr. Finally, we'll get the chance to ride our bikes to the summit of Cadillac Mountain! At the eastern edge of the state and rising to 1,529 feet, the first light to reach the U.S. touches this magical spot.

Best of all, we'll be eating at restaurants and staying indoors every night, so all you'll need to carry on your bike are your clothes and a lunch for the day. It's a great way to tour for both beginners and experienced cyclists alike. This long weekend will leave you wanting to come back for more!

- 4 Days
- Indoor Dining
- Difficulty: Level 2
- Indoor (Inn to Inn)
- Paved Surface
- Price: \$1,599



DONAT HAN / ANDMAN

## Pacific Coast Central



Self Contained | Sept. 21 - Oct. 5 | Eugene, OR - San Francisco, CA

Join us for this bike touring adventure along a gorgeous segment of the West Coast and experience some of the most beautiful and remote sections of Adventure Cycling's Pacific Coast Bicycle Route, our most popular.

As we ride from the spectacular Oregon coastline to the great redwood forests of Northern California, we'll enjoy magnificent ocean views, explore long stretches of sandy beaches, investigate tidal pools, zip past rustic farmsteads, and cruise in the cool, quiet shadows of the world's tallest trees. Imagine misty mornings, warm, sunny afternoons, and beachside bonfires. Our group will also ride through towns like Crescent City, Trinidad, and Eureka, reminders of the logging and Gold Rush eras. We'll have everything we need with us, so all we need to do is pedal our bicycles and soak up the scenery.

Make it an EPIC ride! Complete the full Pacific Coast Route self-contained by also joining our Pacific Coast North and Pacific Coast South tours!

- 15 Days
- Shared Cooking
- Difficulty: Level 4
- Camping/Indoor
- Paved Surface
- Price: \$2,799



IAN UNDERHILL

## Southern Tier - Fall



Van Supported | Sept. 26 - Nov. 23 | San Diego, CA - St Augustine, FL

Prepare for a southern-style, cross-country ride on our shortest, most accessible transcontinental trip. To make this tour even better, we'll enjoy the relative luxury of having the Adventure Cycling van tote our gear to and from each overnight location as we pedal from the West Coast across deserts, over mountains, through rolling hills, beyond bayous, and along the Gulf Coast, all the way to the East Coast. You'll also enjoy starting this epic tour in one of America's best beach cities, San Diego, and ending it in St. Augustine, America's oldest continuously occupied European settlement.

We'll pass by many notable cities along this route, each with a unique set of diversions, including Phoenix, Austin, and New Orleans. In between there are many other great sights, sounds, cuisines, and cultures to experience.

- 59 Days
- Shared Cooking
- Difficulty: Level 5
- Camping/Indoor
- Paved Surface
- Price: \$9,499



ADAM WOLF



## Arkansas High Country



Van Supported | Sept. 27 - Oct. 4; Oct. 6 -13 | Little Rock, AR

This challenging ride will traverse backroads and gravel routes throughout the Ouachita Mountains in western Arkansas. Wait, the what mountains? (It's pronounced watch-it-taw.)

The Natural State is the final state that Adventure Cycling has to conquer. This challenging ride utilizes backroads and gravel routes throughout the Ozark Mountains in Northwest Arkansas. You may not be familiar with the mountains of Arkansas, but this area has wonderful low traffic riding in a beautiful setting. This tour of the new Arkansas High Country Adventure Route will not disappoint anyone that is looking for a tough ride with beautiful scenery everywhere you look.

- 8 Days
- Shared Cooking
- Difficulty: Level 4
- Camping
- Paved/Gravel/Dirt
- Price: \$2,099



GREG EDWARDS

## Katy Trail - Fall

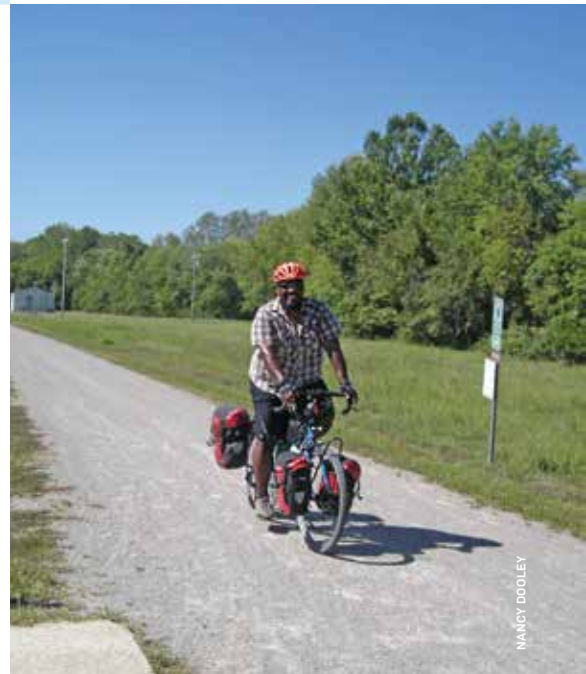


Inn to Inn | Oct. 5 - 12 | St. Louis, MO

There might not be a trail in the U.S. better suited for a relaxed ride than Missouri's popular Katy Trail. Car-free, virtually flat, and featuring a crushed-limestone surface, the trail dishes up plenty of towns and attractions (and ice cream stands) along the way to keep things interesting. We've also broken the riding into manageable daily distances.

Considered by many to be the crown jewel of North American rail-trail conversions, the Katy Trail will transport us through the heartland of America beside the Missouri River, along a corridor that's also part of the Lewis and Clark National Historic Trail and the coast-to-coast American Discovery Trail. We'll pedal through sun-drenched, prairie-turned-farmland and across the Missouri River to New Franklin, then follow the river gently downstream back to Historic St. Charles.

- 8 Days
- Indoor Dining
- Difficulty: Level 2
- Indoor (Inn to Inn)
- Gravel/Bike Trail
- Price: \$2,899



NANCY DOOLEY

## Natchez Trace - Fall



Van Supported | Oct. 19 - 26 | Jackson, MS - Nashville, TN

The Natchez Trace Parkway is one of the North American continent's crown-jewel byways. We're going to pedal every inch of this nearly continuous greenway linking the southern Appalachian foothills and the bluffs of the lower Mississippi River.

As we spin along the ribbon of road — the accompanying van hauling most of our gear — we'll traverse forested ridges, coast along broad valleys, and slip through isolated hollows. We'll ride in the tracks of pioneer mail couriers, bison, prehistoric peoples, Ohio River Valley boatmen, soldiers, and outlaws on the run. We'll even pass through several Civil War sites, including the town that Grant said was "too beautiful to burn."

No commercial traffic, no chasing hounds, no distracting billboards — just you, your bicycle, and some of the prettiest countryside in the South.

- 8 Days
- Shared Cooking
- Difficulty: Level 4
- Camping/Indoor
- Paved Surface
- Price: \$2,399



CHARLES WEIRD



## Patagonia Arizona Gravel



Van Supported | Oct. 19 - 22; Oct. 24 - 27 | Patagonia, AZ

Some of the best spring and fall gravel riding in the U.S. can be found outside southern Arizona's small, eclectic town of Patagonia. This gravel paradise is 60 miles south of Tucson and sits at an elevation of 4,000 feet between the Santa Rita and Patagonia Mountains.

We'll experience miles of gravel riding in the Coronado National Forest, through the rolling plain of the San Rafael Valley to the hidden gem of Parker Canyon Lake. Our route continues west past the border town of Lochiel before heading on the northern gravel roads to Patagonia Lake State Park. For birding enthusiasts, the Patagonia area is also known for world-class birding, as more than 300 bird species migrate, nest, and live in this Sky Islands area.

- 8 Days
- Shared Cooking
- Difficulty: Level 3
- Camping/Indoor
- Gravel/Paved
- Price: \$939



JESSICA ZEPHYRS

## Puerto Rico

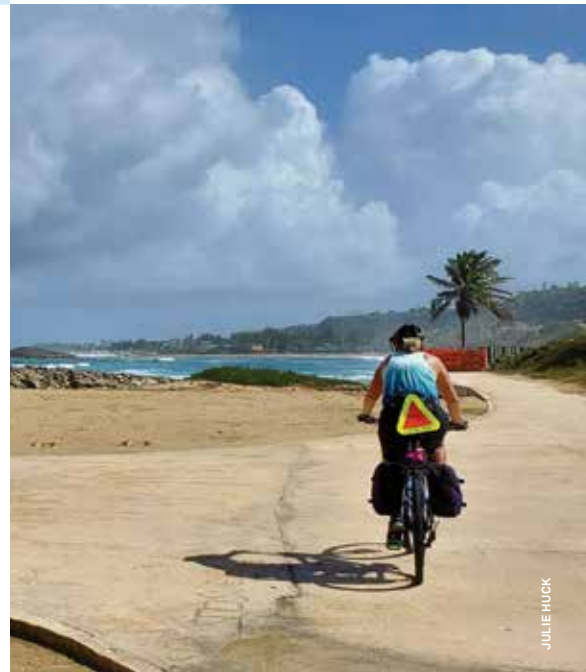


Inn to Inn | Dec. 7 - 18 | San Juan, PR

Our tropical adventure begins and ends in San Juan, the capital city of Puerto Rico, founded in 1521 by the Spanish conquistador Juan Ponce de León. On the first day, we'll have the opportunity to travel back 500 years to Spanish colonial times by strolling down cobblestone streets, admiring ancient architecture, and visiting various museums, fortresses, and churches. San Juan is also the island's hot spot for nightlife and shopping.

The Commonwealth of Puerto Rico is characterized by a mist-shrouded interior mountain range, long stretches of sand beaches, and numerous forest reserves, including El Yunque National Forest, the only tropical rain forest in the U.S. National Forest System. The route we'll follow focuses on coastal towns and the regions encircling the central highlands, with side excursions to interior sites and small neighboring islands.

- 12 Days
- Indoor Dining
- Difficulty: Level 4
- Indoor (Inn to Inn)
- Paved Surface
- Price: \$4,199



JULIE HUCK

*As an experienced cyclist, it's your time to shine!*  
 We want **YOUR** best routes to be in our Short Routes collection.

As a nonprofit, we are always actively working to increase participation in bicycle travel. We need adventure cyclists to gather their best weekend adventures and favorite local trips to help us build out the finest collection of Short Routes. Together, we can make it easy for experienced and emerging riders alike to discover new, great routes.

**SHORT  
 ROUTES**  
 Big Adventures

Learn more about the submission process at:

<https://www.adventurecycling.org/routes-and-maps/short-routes/submit>





# Great Tour Gear

Our Cyclosource store provides the gear you need for your next Adventure Cycling tour. Find panniers and bags to carry your stuff, great cycling apparel and logo wear, and handy gadgets to make your tour that much better.

Visit [adventurecycling.org/store](http://adventurecycling.org/store) for more great options and to order.



## Ortlieb Fork Pack

Waterproof fork bag with roll top closure! The all-new innovative Quick-Lock S adapter system is ideal for attaching this ultra-light bag to the fork of your bike. The nylon bag is abrasion-resistant, PVC-free, and sustainably made in Germany. Black.

BT-5940-1 | 4.1L | 10oz | \$55/single  
BT-5940-2 | 5.8L | 11oz | \$60/single

## Adventure Cycling Water Bottle

You've got to carry your water somewhere. So why not in our precision-fit, wide-mouth, full two-thread screw-cap bottle, complete with the all-new Adventure Cycling logo? This bottle features a wide ice-cube-sized mouth and leak-proof soft-rubber spout. Clear bottle, blue logo.



LW-98-1 | \$6

## Ortlieb Backroller Classic

A classic waterproof pannier with roll top closure. The QL2.1 attachment system allows for quick removal and the included shoulder strap provides carrying comfort when taken off the rack. With integrated inner pocket and large side reflectors for maximum visibility. Good for rack diameters up to 16mm. Sun yellow/Black.



BT-5925 | 40L/pair | \$200/pair

## Revelate Designs Mountain Feedbag

Made with a foam laminated material for structure and featuring three external pockets, the Feedbag mounts to handlebar and stem and has a lower tension strap that wraps around the fork crown. It fits 1L Nalgene bottle, camera lenses, granola bars, and more while the draw-string closure keep everything nice and secure. Integrates with Revelate handlebar systems. Made in the USA. Black.



BT-4044 | 3.7oz | 1L | \$55

## ArroWhere Windproof Vest

The ArroWhere vest has a windproof front and a breathable back and features a 100% polyester, lightweight cycling vest alternative that keeps you cool, comfortable, and visible at all times of the day and night.

BT-177 | Hi-vis | XSMALL – XXLARGE | \$55







### Showers Pass Transit Jacket CC

The all new, fully redesigned and improved Transit Jacket is back! A rain jacket is only as good as its waterproof membrane, and thanks to Showers Pass's proprietary Artex™ waterproof-breathable membrane (coupled with fully taped seams), the Transit provides an effective barrier from the elements. Best touring jacket money can buy. Waterproof, breathable, and hi-vis.

BT-2031 | Men's and Women's S-XXL | \$235



### Adventure Cycling Adventure Awaits T-shirt

What's your next adventure? Whether it's tomorrow or next year, represent Adventure Cycling with the Adventure Awaits T-Shirt. Arctic Blue.

LW-1010 | UNISEX  
SMALL - XXXLARGE | \$28

### Adventure Cycling Four Season Socks by Defeet

Adventure Cycling's any condition, any weather, hi-vis sock. Wooleator Comp is Defeet's proprietary fiber combining equal parts USA merino and Repeve Fiber made from used, recycled plastic bottles. 36% Nylon, 31% Merino Wool, 31% Recycled Polyester, 2% Lycra. Unisex. Hi-vis blue.

LW-240 | \$18



### Revelate Designs Spinelock Seat Bag

Revelate set out to create the most stable, low-profile mounted, feature-loaded, waterproof seat bag available. The Spinelock integrates features like a one-way air purge valve, rear light slots, loop and bungee deck, and an external plastic bottom with a new patented attachment system. Stability was the driving element in the design process. If you want something you can pack and forget, the Spinelock is your seat bag.

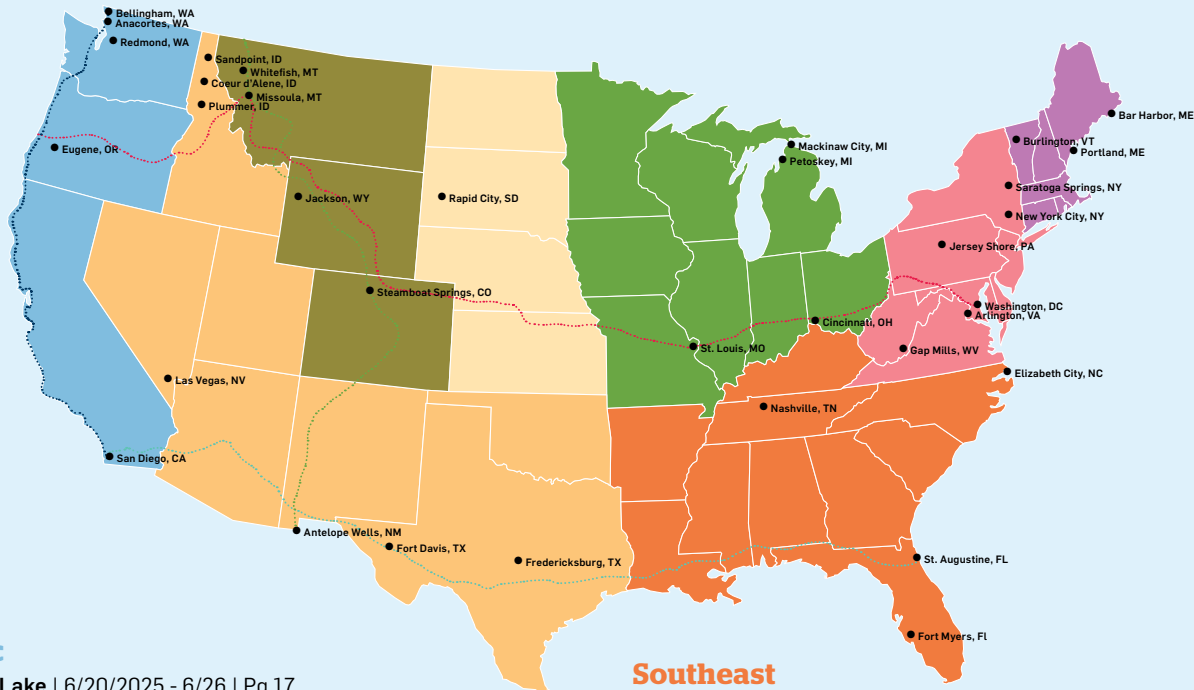
BT-4021 | 16L | 24oz | Black | \$185





# Tours by Region

When searching for your next bicycle adventure, we thought you would also like to see the tours presented by region. The map shows the color-coded regions and tour departure cities.



## Pacific

- Crater Lake | 6/20/2025 - 6/26 | Pg 17
- Oregons Costal Loop | 6/22 - 6/27 | Pg 18
- WA San Juan Islands I | 9/6 - 9/12 | Pg 24
- WA San Juan Islands II | 9/14 - 9/20 | Pg 24
- Pacific Coast North | 9/5 - 9/19 | Pg 23
- Pacific Coast Central | 9/21 - 10/5 | Pg 27
- Pacific Coast | 9/7 - 10/17 | Pg 25

## Southwest

- Texas Hill Country | 4/5 - 4/11 | Pg 12
- Patagonia Arizona Gravel I | 10/19 - 10/22 | Pg 29
- Patagonia Arizona Gravel II | 10/24 - 10/27 | Pg 29

## Rocky Mountain

- Idaho Trails Relaxed | 6/22 - 6/27 | Pg 18
- Cycle the Divide Montana | 7/12 - 7/18 | Pg 20
- Glacier Waterton I | 6/21 - 6/30 | Pg 17
- Glacier Waterton II | 7/12 - 7/2 | Pg 17
- Great Parks North | 6/14 - 7/5 | Pg 16
- Great Divide Canada | 7/7 - 7/17/2025 | Pg 20
- Selkirk Splendor I | 7/13 - 7/23 | Pg 20
- Selkirk Splendor II | 7/25 - 8/4 | Pg 20
- Epic Great Divide | 7/14 - 9/16 | Pg 21
- Great Divide Wind River | 7/27 - 8/6 | Pg 21
- Great Divide Colorado Alpine I | 8/9 - 8/17 | Pg 23
- Great Divide Colorado Alpine II | Wed 8/19 - 8/27 | Pg 23
- Idaho Trails I | 9/7 - 9/13 | Pg 25
- Idaho Trails II | 9/14 - 9/20 | Pg 25

## Plains

- Black Hills I | 5/25 - 5/31 | Pg 15
- Black Hills II | 6/1 - 6/7 | Pg 15

## Midwest

- Michigan's Lakeshore | 9/6 - 9/13 | Pg 24
- Katy Trail Spring | 5/11 - 5/18 | Pg 14
- Katy Trail Fall | 10/5 - 10/12 | Pg 28

## Southeast

- Outer Banks I | 4/13 - 4/18 | Pg 13
- Outer Banks II | 4/20 - 4/26 | Pg 13
- Natchez Trace Spring I | 3/29 - 4/5 | Pg 12
- Natchez Trace Spring II | 4/7 - 4/14 | Pg 12
- Natchez Trace Fall | 10/19 - 10/26 | Pg 28
- Arkansas High Country I | 9/27 - 10/4 | Pg 28
- Arkansas High Country II | 10/6 - 10/13 | Pg 28
- Puerto Rico | 12/7 - 12/18 | Pg 29

## Mid Atlantic

- C&O Canal/GAP Spring | 5/17 - 5/25 | Pg 15
- Upstate New York Adirondacks | 6/21 - 7/1 | Pg 18
- Allegheny Mountains Gravel Loop | 8/30 - 9/5 | Pg 23

## Northeast

- Colonial Virginia Loop | 5/1 - 5/6 | Pg 13
- TransVirginia Gravel | 5/10 - 5/16 | Pg 14
- Blue Ridge Bliss - Virginia | 5/31 - 6/7 | Pg 15
- Maine Coast and Lighthouses I | 6/1 - 6/7 | Pg 16
- Maine Coast and Lighthouses II | 6/9 - 6/15 | Pg 16
- Acadia and Mt. Desert Island Spring | 6/1 - 6/4 | Pg 16
- Vermont | 9/13 - 9/20 | Pg 25
- Acadia and Mt. Desert Island Fall | 9/14 - 9/17 | Pg 27
- Cape Cod & The Islands | 9/6 - 9/13 | Pg 24

## Canada

- Great Divide Canada | 7/7 - 7/17/2025 | Pg 20

## Alaska

- Alaska Golden Circle | 6/21 - 7/3 | Pg 17

## Multi-Region/Epic Tours

- Southern Tier Spring | 2/15 - 4/14 | Pg 12
- Southern Tier Fall | 9/26 - 11/23 | Pg 27
- Trans Am Express | 4/20 - 7/3 | Pg 13
- Pacific Coast | 9/7 - 10/17 | Pg 25



# Tours by Type and Style

## Fully Supported

- Texas Hill Country | 4/5 - 4/11 | Pg 12
- Blue Ridge Bliss - Virginia | 5/31- 6/7 | Pg 15
- Idaho Trails Relaxed | 6/22 - 6/27 | Pg 18
- Cycle the Divide Montana | 7/12 - 7/18 | Pg 20

## Inn to Inn

- Outer Banks I | 4/13 - 4/18 | Pg 13
- Outer Banks II | 4/20 - 4/26 | Pg 13
- Katy Trail Spring | 5/11 - 5/18 | Pg 14
- Black Hills I | 5/25 - 5/31 | Pg 15
- Acadia and Mt. Desert Island Spring | 6/1 - 6/4 | Pg 16
- Black Hills II | 6/1 - 6/7 | Pg 15
- Glacier Waterton I | 6/21 - 6/30 | Pg 17
- Glacier Waterton II | 7/12 - 7/2 | Pg 17
- Crater Lake | 6/20/2025 - 6/26 | Pg 17
- WA San Juan Islands I | 9/6 - 9/12 | Pg 24
- Idaho Trails I | 9/7 - 9/13 | Pg 25
- Vermont | 9/13 - 9/20 | Pg 25
- Acadia and Mt. Desert Island Fall | 9/14 - 9/17 | Pg 27
- Idaho Trails II | 9/14 - 9/20 | Pg 25
- WA San Juan Islands II | 9/14 - 9/20 | Pg 24
- Katy Trail Fall | 10/5 - 10/12 | Pg 28
- Puerto Rico | 12/7 - 12/18 | Pg 29

## Self Contained

- C&O Canal/GAP Spring | 5/17 - 5/25 | Pg 15
- Great Parks North | 6/14 - 7/5 | Pg 16
- Alaska Golden Circle | 6/21 - 7/3 | Pg 17
- Great Divide Canada | 7/7 - 7/17/2025 | Pg 20
- New York Finger Lakes Wine Country | 7/16 - 7/25 | Pg 21
- East Coast Greenway Spring | 5/3 - 6/3 | Pg 14
- Pacific Coast North | 9/5 - 9/19 | Pg 23
- Colonial Virginia Loop | 5/1 - 5/6 | Pg 13
- Oregons Costal Loop | 6/22 - 6/27 | Pg 18
- Michigan's Lakeshore | 9/6 - 9/13 | Pg 24
- Cape Cod & The Islands | 9/6 - 9/13 | Pg 24
- Pacific Coast Central | 9/21 - 10/5 | Pg 27

## Van Supported

- Southern Tier Spring | 2/15 - 4/14 | Pg 12
- Natchez Trace Spring I | 3/29 - 4/5 | Pg 12
- Natchez Trace Spring II | 4/7 - 4/14 | Pg 12
- Trans Am Express | 4/20 - 7/3 | Pg 13
- TransVirginia Gravel | 5/10 - 5/16 | Pg 14
- Maine Coast and Lighthouses I | 6/1 - 6/7 | Pg 16
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- Upstate New York Adirondacks | 6/21 - 7/1 | Pg 18
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- Allegheny Mountains Gravel Loop | 8/30 - 9/5 | Pg 23
- Arkansas High Country I | 9/27 - 10/4 | Pg 28
- Southern Tier Fall | 9/26 - 11/23 | Pg 27
- Arkansas High Country II | 10/6 - 10/13 | Pg 28
- Natchez Trace Fall | 10/19 - 10/26 | Pg 28
- Patagonia Arizona Gravel I | 10/19 - 10/22 | Pg 29
- Patagonia Arizona Gravel II | 10/24 - 10/27 | Pg 29

## Epic Tours

- Southern Tier Spring | 2/15 - 4/14 | Pg 12
- Southern Tier Fall | 9/26 - 11/23 | Pg 27
- Trans Am Express | 4/20 - 7/3 | Pg 13
- Epic Great Divide | 7/14 - 9/16 | Pg 21
- Pacific Coast | 9/7 - 10/17 | Pg 25





# Planning & Information

## Online Tour Planning Resources

While planning your Adventure Cycling tour, be sure to take advantage of our many online tour planning resources:

Tours Selector: Custom search our tours based on your criteria.

Equipment: We offer recommendations on which bike is right for your selected tour.

FAQ: Questions about our tours? We have answers.

Before You Go Booklet: Choose your tour support level and view/download our comprehensive booklet covering the entire tour process.

## Signing Up for a Tour

The best way to sign up for a tour is via our website, [adventurecycling.org/tours](http://adventurecycling.org/tours). Simply find the tour and dates you want and click the "sign up now" button on the specific tour page. If you prefer to register by mail or fax, you can find our paper application on our website or contact us to receive a copy. You will receive confirmation and preparatory materials, including a Before You Go booklet that contains a packing list and training tips. About 60 days prior to your trip, you will receive a Tour Information Packet with specific details about your starting location, bike shop recommendations, travel tips, and much more.

## Travel Insurance

Adventure Cycling Association's tours team sincerely wishes for every trip participant to attend and complete the tour of their choice. To plan for unexpected personal emergencies, health issues, weather, and transportation problems that might cause you to cancel or shorten your trip, travel insurance is strongly advised. Adventure Cycling recommends that you purchase travel insurance; visit [adventurecycling.org/guided-tours/cancellations-and-transfers/](http://adventurecycling.org/guided-tours/cancellations-and-transfers/) for more information.

## Helmets and Safety

DOT, ANSI, CPSC or Snell-approved helmets are required to be worn by all trip participants at any time on the bike. No exceptions. You will be given a safety triangle to be worn as well. Front and rear lights are also recommended and required on some tours.

## FAQs Online

More information about our tours can be found on our website, and our Frequently Asked Questions is a great place to start. Visit [adventurecycling.org/guided-tours/tours-faqs](http://adventurecycling.org/guided-tours/tours-faqs) to learn about non-riding participants, tour support level information, your My Adventure Cycling account, and more!

# Cancellation and Transfer Policy

A deposit is required to complete your registration for a tour. No deposit is required to sign up for a waitlist. If you must cancel your trip reservation for any reason, it is your responsibility to notify Adventure Cycling Association immediately through your My Adventure Cycling Account, in writing via email to [tours@adventurecycling.org](mailto:tours@adventurecycling.org) or via U.S. mail. Sorry, but we cannot accept cancellations or transfer requests via the phone. Please visit [adventurecycling.org/guided-tours/cancellations-and-transfers](http://adventurecycling.org/guided-tours/cancellations-and-transfers) for our full policy and any changes to the policy stated here.

## Payment schedule

A deposit is due upon your tour registration. Final tour payment is due 90 days prior to tour departure.

## Late payments

If full tour payment has not been received 65 days before the tour departure, and we have not heard from you via phone or email about your full tour payment, your spot on the tour will be canceled and all funds previously paid will be forfeited.

## Participant cancellation/transfers

Should you choose to cancel or transfer your tour registration:

- 90 or more days before trip start: Deposit and additional services fees is non-refundable;
- transfers allowed, less \$100 administrative fee per transfer.
- 89–60 days before trip start: Total funds paid are non-refundable;
- transfers allowed, less \$100 administrative fee per transfer.
- 59–30 days before trip start: Total funds paid are non-refundable;
- transfers allowed, less administrative fee of 25% of tour cost per transfer.
- Less than 30 days before trip start: Total funds paid are non-transferable and non-refundable.

Transferred funds expire one calendar year after the original tour's start date. For example, if your tour was scheduled to start in 2025, your funds need to be used on a tour that departs prior to December 31, 2026. If you decide to transfer your registration but at the time do not know which tour you'd like to transfer the funds to, we can hold your funds as a Tour Credit on your account to be applied at a later date.

## Tour cancellation by Adventure Cycling

Adventure Cycling reserves the right to cancel and combine trips and will make the determination if a tour will run between 60 and 45 days prior to tour departure. We may cancel a tour at any time due, but not limited to, low signups, health and safety concerns, travel restrictions, or natural disaster. Should Adventure Cycling cancel your scheduled departure, you can:

- Transfer or defer 100% of your tour fees to another tour in the same or next calendar year — a \$200 tour coupon\* will be available if you are paid in full.
- Receive a full refund of your tour fees to your original payment for the cancelled tour.

If you would like, we can turn any part of your refund into a tax-deductible contribution to support the work of Adventure Cycling.

\*Tour coupon is not the same as cash and can only be applied to a future Adventure Cycling tour. Tour coupon is non-refundable and non-transferable and expires at the same time as your deferred Tour Credit.

^Deferred funds from a previous tour will return to your deferred funds and be available for a future tour. We may substitute an original payment by credit card with a check reimbursement.

## All cancellations by participant or Adventure Cycling

Previously deferred funds cannot be refunded but can be held in deferment to be used up to one calendar year after the originally registered tour start date.

All fees paid, including special activity fees, transportation fees, and single supplements follow the same terms as above and are included in your "total funds" and "tour fees."

Once you have submitted in writing and Adventure Cycling has acknowledged your request, we are unable to make adjustments to your request without additional fees.

If the cost of the tour to which your fees are transferred is less than the cost of the original tour, the remaining tour fees will be available for a future tour in the same or next calendar year of the original tour.

If the cost of the tour to which your fees are transferred is more than the cost of the original tour, the remaining cost will be due following the payment schedule above.

Tour fees can be transferred to another person, but must be requested in writing by the person who has the tour fees attached to their account. Any tour credits received from a transfer of funds are non-transferable to another person.

No refund will be given for the following

- Participant's late arrival for a trip
- If a participant leaves a trip for any reason after the trip start date
- Food, services, or overnight lodging for which a participant paid but did not use
- Dissatisfaction with the weather or road conditions

If Adventure Cycling cancels the trip after it departs for any reason including health and safety concerns, natural disaster, or other uncontrollable circumstances

In order to maintain reasonable tour prices and to support the health of the organization, Adventure Cycling Association cannot make exceptions to this cancellation and transfer policy. We strongly advise travel insurance (to cover any risk of your inability to attend the tour).

**IMPORTANT NOTE:** Avoid purchasing non-refundable travel reservations before receiving confirmation through Adventure Cycling Association that your tour departure is a go. Adventure Cycling Association is not responsible for any travel costs or cancellation fees related to your getting to/from the start/end points of the tour.

The health and safety of all Adventure Cycling members, tour participants, and community members where we travel is of the utmost importance to the staff and leadership of Adventure Cycling.

**DISCLAIMERS** The number of participants on a tour may be adjusted in response to demand and facility availability. Adventure Cycling Association is an equal opportunity recreation provider that operates under special use permits with the United States Forest Service, National Park Service, Bureau of Land Management, and Department of Transportation. • Adventure Cycling Association is working cooperatively with these agencies to secure the appropriate permits. • In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs.) To file a complaint of discrimination write: USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue SW, Washington, DC 20250-9410, or call 202.720.5964 (voice or TDD). USDA is an equal opportunity provider and employer.



# 2025 Tours Incentives

To further Adventure Cycling's mission to inspire, empower, and connect people to travel by bicycle, we would like to offer you a few incentives to tour with us this year!\*

## **Bring a Friend — Save \$100**

If you've toured with Adventure Cycling in the past, bring a friend on your Adventure Cycling tour who has not traveled with us, and you'll receive a \$100 credit toward the cost of your tour for each person that you bring. Enjoy the savings for yourself or share it with your friends! Reach out to [Tours@adventurecycling.org](mailto:Tours@adventurecycling.org)

## **Early Bird Discount — Save \$100**

Sign up before January 1, 2025, before prices increase!

\*Tour incentives are limited to one incentive type per Adventure Cycling member per tour.



## **Early Bird Discount!**

Sign up before January 1, 2025  
before prices increase.





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Missoula, MT 59802  
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## Adventure Cycling's **Fully Supported Tours**

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An Adventure Cycling fully supported tour is a great choice for the adventure-hungry cyclist who prefers riding with a larger group and a smaller load — the individual who relishes the freedom of riding unencumbered but still enjoys camping and a cycling challenge.

Besides lightening your load, the presence of the support vehicle adds a degree of security in that you'll have a ride available in the case of injury, illness, or mechanical breakdown. Meanwhile, our knowledgeable, experienced leaders can share information about the area you're cycling through and solve any problems or concerns that may arise — remember, this is a vacation!

All personal and group gear is transported daily by a vehicle, but home on most nights is a "room with plenty of elbow room" — under the stars, that is, at a nice campsite. Some trips have occasional indoor overnights included in the tour price, and additional indoor options are usually available at the rider's own expense.

Visit [adventurecycling.org/fullysupported](http://adventurecycling.org/fullysupported) for more information.

